

# HANDBOOK *for the* EVOLVING HEART *through FRANK COPPIETERS, Ph.D.*



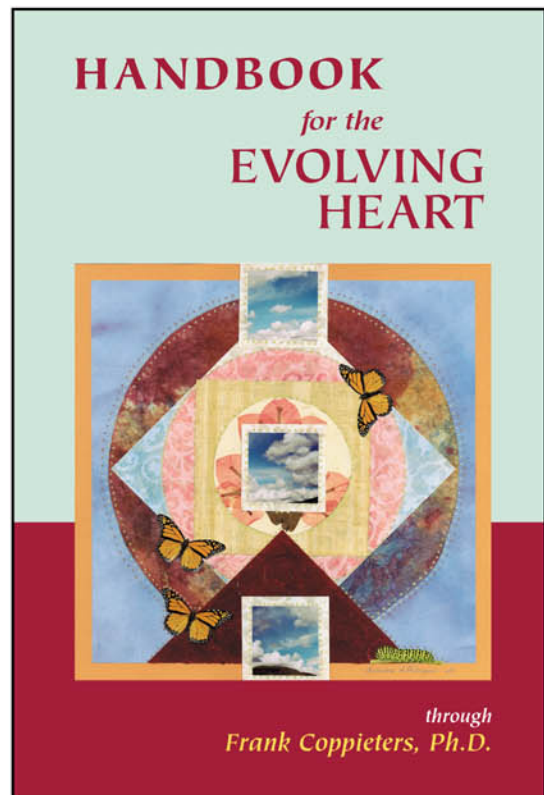
*“The blessing of one glimpse of truth  
allows the heart to open  
and is enough to propel you onto your journey...”*

In 2000, Frank Coppieters began receiving inspired guidance in his public meditations. Shortly after the events of 9/11 he decided to record the words and teachings as they came through and send them out to a world that suddenly seemed darker than before. These inspired messages, which continue to be delivered, are collected here for the first time.

This is a book of spiritual guidance that draws from many sources. The words are non-sectarian and seem to come from the collective heart. They encourage us to recognize that at the core of our being love is already present and that we must surrender to it. And there is no better time to do this than... *right now*. More than an appeal for humanity to wake up to its divine destiny, these prayer/poems are for all seekers of peace, comfort, and deep understanding who aspire to a higher state. *Handbook for the Evolving Heart* offers wisdom beyond time and body, beyond silence and mind...

*“To fear is to forget your unshakable nature  
and destiny as a light being.”*

*“Accepting what is transforms what is.  
Whenever you seek, you are blessed.  
Whenever you find, you become the blessing.  
Surrender to this...Surrender to this...”*



\$19.95

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